

# Ms. TRISHNA KAKATI



Contact: (M) 9435310829,  
e-mail: kakati.trishna@gmail.com

**Objectives:** To obtain a position where I can demonstrate my capabilities, leveraging both theoretical knowledge gained in academic settings and practical skills honed through real-world experiences. Seeking an opportunity within an organization that values continuous learning and professional development, fostering an environment where personal growth aligns seamlessly with professional advancement.

## Academic Qualification:

Qualification	Board/ University	Institutions Name	% of Marks
H.S.L.C.	S.E.B.A.	Mahendra Narayan Choudhury Balika Bidyapith	83.67%
H.S.	A.H.S.E.C.	Cotton College	64.40%
B.P.T.	S.N.D.T. Women's University	College of Physiotherapy and Medical Sciences	73.43%
M.P.T. (Orthopaedics)	Assam Down Town University	Down Town College of Allied Health Sciences	70.68%
PhD	Assam Down Town University	Faculty of Paramedical Sciences	Pursuing

**Internship:** I have done my internship at Dr. B. Nanavati Hospital, under the valuable guidance of Dr. Ali Irani.

During my internship, I was posted in the following departments:

- Outpatient Physiotherapy Department,
- Orthopedics and Sports Medicine,
- Neurology and Neurosurgery,
- Cardio Respiratory Medicine,
- Intensive Care Units,
- General Medicine and Surgery,
- Oncology,
- Geriatrics,
- Community-Based Rehabilitation.

## **Working Experience:**

1. Physiotherapist at ASTITVA, A Multispecialty Therapy Clinic for Children.
2. Physiotherapist at Jeevandham, An Integrated Wellness Center.
3. Guest faculty of Physiotherapy.
4. Assistant Professor and in-charge of Institute of Physiotherapy, Krishnaguru Adhyatmik Visvavidyalaya, Nasatra, Sarthebari, Barpeta.
5. Physiotherapist at Sushrusa Medicos, Nalbari
6. Assistant Professor and HOD in-charge at Dept. of Physiotherapy at NEPNI Group of Institutions, Alikash, Singimari, Kamrup (Rural).

## **Workshops and CME's:**

- ❖ Manual Therapy over Lumber Spine,  
Dr. P. P. Mohanty (P.T.)
- ❖ Kaltenborn Concept of Manual Therapy,  
Dr. P. P. Mohanty (P.T.)
- ❖ Manual Therapy and Taping Techniques for Cervical and Thoracic Region,  
Prof. Umasankar Mohanty
- ❖ Latest Trends of Physiotherapy Management in I.C.U. Patient,  
Dr. A. S. Rathode
- ❖ Advance Rehabilitation in Stroke,  
Dr. D. K. Borgohain (M.S.)  
Dr. Harpreet Singh Sachdev (P.T.)
- ❖ Treatment Technique and Principles of P.N.F.,  
Dr. Harpreet Singh Sachdev (P.T.)
- ❖ Pulmonary Rehabilitation-Hands on Training,  
Dr. Sumant Ghosh (P.T.)
- ❖ P.N.F., M.F.R., M.R.P. in Stroke Rehabilitation,  
Dr. T. Josley (P.T.)
- ❖ Workshop on Scientific and Clinical Application of Therabend.  
By Dr. Mahendra Yadav
- ❖ Workshop on Management of Children with Sensory Dysfunctions and Developmental Disabilities
- ❖ Symposium on “Oncological rehabilitation” organized by NECHRI and IAP Assam branch
- ❖ Workshop on “Basic dry needling” and “Cupping therapy” by Dr. Subhanjan Das

**Others:**

- Paper Publication in International Journal of Physiotherapy, titled, “A Comparative Study to Findout Immediate Effectiveness of Movement with Mobilization Versus Elbow Orthosis on Pain and Grip Strength in Lateral Epicondylitis in Housewives.”
- Paper Publication in Juni Khyat (UGC Care Group I Listed Journal), Titled, “A Description of A Case Study to Evaluate The Effect of New Stretching Technique Pachimottasana to Increase Hamstring Flexibility.
- Completed Faculty Development Program:
  - Meaningful Research IPR
  - Managing Online Classes and Co-Creating MOOCs
  - Research Paper Writing
- External examiner for BPT and MPT courses in SSUHS-affiliated colleges and other universities.
- Question paper setter for Krishnaguru Adhyatmik Visvavidyalaya, Nasatra, Sarthebari, Barpeta.
- MPT thesis evaluator for SSUHS
- Evaluator of answer scripts for BPT Course (SSUHS)

## **PERSONAL DETAILS**

**Fathers Name:** Mr. Jogen Kakati

**Date of Birth:** 01.03.1988

**Sex:** Female

**Religion:** Hinduism

**Caste:** General

**Marital Status:** Married

**Working Experience:** 9 (nine) years 10 (ten) months

**Nationality:** Indian

**Language Proficiency:** Assamese, Hindi, English.

**Permanent Address:** C/o: Mr. Sandipan Chaudhury,  
House No.: 34, Maniram Boro Path,  
(Adjacent Bylane to Modern Car Wash),  
Hockey Stadium Road, Sawkuchi,  
Guwahati – 781040. ASSAM.

### **DECLARATION**

I hereby affirm that the information in this document is accurate and true to the best of knowledge.

Date: 21.06.2024.

Place: Guwahati.

*Tanishna Ra*  
Signature